



South Australian Sports Institute

SASI Cycling Program
Selection Criteria 2015/2016

1 May 2015 – 30 April 2016

SASI PROGRAM SELECTION POLICY APPLICABLE TO ALL SASI SPORTS PROGRAMS AND ATHLETES

1. ELIGIBILITY

To be eligible for a South Australian Sports Institute (SASI) Scholarship:

- Athletes must be a citizen of Australia (or undertaking all reasonable steps to become an Australian citizen.)
- Athletes must be a resident of South Australia for 3 months prior to selection unless the athlete is a national squad or team member and the transition to SA is supported by program partners.
- Athletes must also be registered athlete with the relevant South Australian club and State Sporting Organisation. All memberships must be up to date and paid for by the end of the financial year.
- Athletes must comply with the relevant sports interstate transfer policies.

Note:

i. This eligibility requirement does not include athletes who will continue to be supported interstate or overseas if relocation to these areas is supported by the SASI Head Coach as part of their development pathway (e.g. AIS, National Squads, etc).

ii. Eligibility does not apply to visiting scholarships i.e. athletes from other SIS/SAS programs etc.

2. SELECTIONS

- Selections for SASI Squad programs will be conducted in consultation with State and National Sporting Organisations, and endorsed by the SASI Joint Management Committee (JMC).
- Selections for SASI Squad programs will be determined by a Selection Panel, which must include the SASI Head Coach.
- Sport specific selection criteria will be developed by the SASI Head Coach and the Selection Panel, and will take into account any national criteria as part of the National High Performance Pathway.
- Scholarships can be offered as full or associate and will, as a principle, cover a 12 month period. Shorter periods may be offered (e.g. 1 – 3 month trial). Reviews may be conducted by the Selection Panel and SASI reserve the right to add or delete athletes to/from a scholarship squad at any time.

3. ATHLETE OBLIGATIONS

All athletes who have been selected in the SASI Squad program must:

- Have the intention to compete and/or be involved in active training (including injury recovery and rehabilitation).
- Abide by the terms and conditions as outlined in the SASI Athlete Agreement or other SASI policies.
- Have met the sport specific selection criteria, or be selected as a developing potential elite athlete as determined by the appointed Selection Panel.
- Scholarship athletes will also be required to take part in the new Athlete Monitoring System (AMS) as directed by their coach. The AMS has been rolled out across all SASI Programs and National Sporting Organisations (NSO) in line with AIS requirements.

4. OTHER CONSIDERATIONS

Achieving the nominated selection criteria does not automatically qualify the athlete for SASI Squad selection. Other factors that may be taken into consideration when determining final selections are:

- Whether the athlete has been charged with and/or convicted of a criminal offence;
- Whether the athlete has previously breached their Athlete Agreement or other SASI policies, as outlined in the SASI Athlete Agreement and the SASI Athlete Behavior and Discipline Policy;
- Whether the athlete has previously behaved in a manner that has brought or has the capacity to bring SASI into disrepute;
- Where it has been clearly demonstrated, based on previous behavior or information, that the athlete has the capacity to bring SASI into disrepute;
- Whether the athlete has been de-registered, suspended or denied membership with either their State or National Sporting Organisation;
- Where the Selection Panel determines that, notwithstanding achievement of the selection criteria, the athlete does not have demonstrated the ability to progress to Australian representation at Junior and / or Senior level.

5. QUERIES ON SELECTION

- The SASI Program Manager or the SASI Head Coach, are the only officers authorised by SASI to respond to any questions concerning the athletes selected for SASI Squads, in accordance with this Selection policy and the sport specific selection policy.
- All questions concerning any aspect of selection must, in the first instance, be in writing and addressed to the SASI Program Manager.

SASI Cycling Program Selection Criteria 2015/2016 (1 May 2015 – 30 April 2016)

1. Objective

The objective of the South Australian Sports Institute (SASI) Cycling Program is to provide high performance coaching and support services to develop and support identified South Australian cyclists with the potential to progress to National Squad/ Senior Team level in targeted Olympic/Paralympic and Commonwealth Games disciplines.

2. Scholarship Tiers and Disciplines

The South Australian Sports Institute (SASI) Cycling Program offers a 3-tiered scholarship program and within that the athletes' category will be reflected under the guidelines of Cycling Australia's AWE (Australia's Winning Edge) categories, listed below.

- (i) SASI Graduate Scholarship (National Team/Professional)
- (ii) SASI Full Scholarship
- (iii) SASI Associate Scholarship

SASI Cycling Program Scholarships will be offered in the following disciplines for both Male and Female:

- Track Sprint
- Track Endurance

- Road/Road Time Trial

Exceptions

The disciplines of BMX, Mountain Bike and Paralympic are exceptions to the program and are supported through the SASI Individual Athlete Program (IAP) with High Performance/Paralympic Scholarships which are open for application at the beginning of September and are offered for the period 1 January – 31 December.

Australia's Winning Edge 2012-2022 is our nation's game plan to move from world class to world best. A key part of this strategy is to identify our high potential athletes and ensure they receive the right support at the right time in their pathway

- The AC Winning Edge Athlete Categories (“Athlete Categories”) has been developed following The (AIS) guidelines. The AC Athlete Categories aims to align former athlete categorisations with the principles of Australia's Winning Edge. This will provide a consistent basis to:
 - identify the athletes with the greatest potential to contribute to Australia's Winning Edge targets in Rio 2016 and Tokyo 2020 and at world championships annually;
 - track their performance over time; and
 - provide prioritisation of support to these athletes
 - Importantly, membership of an Athlete Category requires evidence of an athlete's potential for future success. It does not solely recognise past results

NB: 'Eligibility' does not necessarily guarantee a SASI scholarship offer. This will be dependent on the number of scholarships available and athletes will be ranked by performance accordingly and will need to gain the necessary recommendation from the SASI Head Coach and subsequent approval by the JMC.

3. Cycling Australia Scholarship Selection Guidelines Matrix

Athlete Category ¹	Criteria	Approx. Time to Podium Potential A
1. PODIUM	Individual athlete or member of a team in an Olympic or Paralympic discipline, who has a medal performance at a benchmark event in the previous 24 months ⁽²⁾ and considered capable of a medal at the next benchmark event ⁽²⁾ .	N/A
2. PODIUM POTENTIAL	A) Individual athlete or member of a team in an Olympic or Paralympic discipline, who placed 4 th to 8 th at the most recent benchmark event ⁽²⁾ and considered capable of progressing to <i>Level 1 – Podium</i> .	N/A
	B) Individual athlete or member of a team in an Olympic or Paralympic discipline, who is considered capable of progressing to at least <i>Level 2A – Podium Potential</i> in the next four years.	4 Years
3. COMMONWEALTH	Individual athlete or member of a team who does not satisfy the criteria for the above categories but had a gold medal performance at the 2014 Commonwealth Games and is considered capable of a gold medal at the next benchmark event ⁽²⁾ or the 2018 Commonwealth Games.	N/A
4. DEVELOPING	A) Individual athlete in an Olympic or Paralympic discipline, who is considered capable of progressing to at least <i>Level 2B – Podium Potential</i> in the next two years.	5-6 Years
	B) Individual athlete who does not satisfy the criteria for the above categories but had a medal performance at the 2014 Commonwealth Games and is considered capable of winning a medal at the next benchmark event ⁽²⁾ or the 2018 Commonwealth Games.	N/A
5. EMERGING	Individual athlete in an Olympic or Paralympic discipline, who is considered capable of progressing to at least <i>Level 4 – Developing</i> in the next two years.	7-8 Years

Note – Athletes may bypass specific levels dependent on their performance at key competitions and also transition back into the club environment where appropriate.

Capability Assessment

The Capability Assessment examines the potential of the athlete to meet Podium Potential Status within 4-7 years utilising an athlete's *performance in competition* (including timed events), *potential to progress* (including physical, physiological, medical, psychological, coachability and commitment criterion and *external factors*.

Performance in Competition

Discipline	Minimum Competition Requirements
Track Disciplines	U17: Top 3 result at a National Championship in an Olympic discipline. U19/Senior: Top 5 result at a National Championships in an Olympic discipline.
Road Disciplines	U17: Top 3 result at a National Championship. U19/U23/Senior: Top 10 result at a National Championship.

*When considering all race results depth and quality of starters along with the style of racing will be taken into account.

SASI - Track Discipline

Consideration for selection in the SASI Track Cycling Squad a cyclist must have achieved the specified performance criteria within the previous 12 months in competition under Championship conditions. In conjunction with the specified performance criteria the following areas will be assessed for use in the selection process.

- Skill and tactical deployment relevant to the event
- Current level of development
- Potential for improvement
- Performance history
- Attitude/ Application to training and competition
- Previous Performance at National level

Specified Performance Criteria

Event	U/19 M	U/19 W	U/17 M	U/17 W
Standing Lap	18.40	19.80		
Sprint/ Keirin	10.95 (1 st y) 10.70 (2 nd y)	12.10 (1 st y) 11.90 (2 nd y)	11.30	12.35
Time Trial 1km/500m	1.05.50 (1 st y) 1.04.05 (2 nd y)	36.80 (1 st y) 36.00 (2 nd y)	34.50	37.00
Individual Pursuit 2,3,4, km	3.25.00 (1 st y) 3.21.00 (2 nd y)	2.31.00 (1 st y) 2.28.00 (2 nd y)	2.26 (1 st y) 2.23 (2 nd y)	2.40 (1 st y) 2.38 (2 nd y)
Points/ Madison/ Scratch/ Pursuit	The cyclist shall have demonstrated tactical skill deployment appropriate to these events. A critical selection factor in the ability to initiate chases and bridge gaps. The cyclist shall also have demonstrated the ability to achieve a competitive time in the individual pursuit. They must also demonstrate the knowledge and skill required to be competitive national level in bunch racing.			

All times are subject to environmental conditions (i.e. temperature, barometric pressure and relative humidity) as detailed in the 2015 Australian Cycling Team Selection Policy and Criteria- Section B, available at www.cycling.org.au

SASI - Road & Road Time Trial Discipline

Consideration for a SASI Road and Road Time Trial Cycling Scholarship the cyclist must have displayed the qualities and performances which show potential to progress to a standard required to become an elite performer, i.e. progress to CA/National Team and represent Australia at the Open level.

The following areas will be assessed for use in the selection process

- Skill and tactical deployment relevant to the event
- Current level of development
- Age and potential for improvement
- Performance history
- Attitude/application to training and competition
- Competitive in National and National Series Events

4. Other Considerations

Achieving the nominated selection criteria does not automatically qualify the athlete for SASI Squad selection. Other factors that will be taken into consideration when determining final selections;

- The age and performance potential of the athlete
- All race results and quality of starters/depth of field
- The style of racing will also taken into account
- Subject to medical clearance if requested
- Engaged in formal study or employment throughout scholarship period
- Full commitment to SASI/National program as primary training environment

A cyclist who hasn't achieved the specified performance criteria but in the selectors' opinions is a developing cyclist with significant potential and/or can be of benefit to the program can be offered a SASI Cycling Scholarship.

SASI Associate Scholarship

SASI Associate Scholarships will be offered to athletes who are transitioning on the pathway, these include;

- Track - U/17 athletes transitioning into U/19 age group
- Road – athletes transitioning from U/19 to national team, including U/23 and senior and professional teams

SASI Graduate Scholarship

SASI Graduate Scholarships will be offered to South Australian athletes who are;

- CA National team athletes (consolidated position)
- Professional athletes (UCI or National registered team members)

Professional athletes include; Pro Tour, Continental Pro, Continental and National teams.

These athletes are those who are not utilising SASI resources as their primary daily training environment (DTE) but may require support through venue access to complement training under the direction of Cycling Australia High Performance unit while training in South Australia.

CSA State Development Squad

The State Development Squad is a Cycling South Australia Squad which recognizes athletes that have shown the potential to be selected onto SASI once they have reached the U19 race category (or before if an athlete's performances have met the required selection criteria).

The State Development Squad underpins the SASI Cycling Program and the support and coaching is in line with meeting the requirements to be selected onto SASI within a 2 year period (Age dependant).

Riders in the U15 race category may be invited to State Development sessions at the SASI coaching teams discretion.

Event	U/19 M	U/19 W	U/17 M	U/17 W
Standing Lap	19.0	20.5		
Sprint/ Keirin	11.20 (1 st yr) 10.90 (2 nd yr)	12.30 (1 st yr) 12.10 (2 nd yr)	11.90	12.60
Time Trial 1km/500m	1.07.00 (1 st yr) 1.06.00 (2 nd yr)	37.50 (1 st yr) 36.80 (2 nd yr)	36.00	38.00
Individual Pursuit 2,3,4, km			2.28.50	2.43
Points/ Madison/ Scratch/ Pursuit	The cyclist shall have demonstrated tactical skill deployment appropriate to these events. A critical selection factor in the ability to initiate chases and bridge gaps. The cyclist shall also have demonstrated the ability to achieve a competitive time in the individual pursuit. They must also demonstrate the knowledge and skill required to be competitive national level in bunch racing.			