SASI Cycling Program
Selection Criteria 2013/2014
1 June 2013 – 31 May 2014

PART A – SASI Athlete Selection Criteria
PART B – SASI Cycling Specific Selection Criteria
SASI SQUAD SELECTION POLICY

APPLICABLE TO ALL SASI SPORTS PROGRAMS AND ATHLETES

1. ELIGIBILITY

To be eligible for a SASI Scholarship:

- Athletes must be a citizen of Australia (or undertaking all reasonable steps to become an Australian citizen within an appropriate timeframe as determined by SASI).
- Athletes must be a resident of South Australia for 3 months prior to selection.
- Athletes must be a registered athlete with the relevant South Australian State Sporting Organisation.
- Athletes must comply with the relevant sports interstate transfer policies.

Note:

i. *This eligibility requirement does not include athletes who will continue to be supported interstate or overseas if relocation to these areas is supported by the SASI Head Coach as part of their development pathway (eg AIS, National Squads, etc).*

ii. *Eligibility does not apply to visiting scholarships, ie athletes from other SIS/SAS programs.*

2. SELECTIONS

- Selections for SASI Squad programs will be conducted in consultation with State and National Sporting Organisations, and endorsed by the SASI Joint Management Committee (JMC).
- Selections for SASI Squad programs will be determined by a Selection Panel, which must include the SASI Head Coach.
- Sport specific selection criteria will be developed by the SASI Head Coach and the Selection Panel, and will take into account any national criteria as part of the National High Performance Pathway.
- Scholarships can be offered as full or associate and will, as a principle, cover a 12 month period. Shorter periods may be offered (eg. 1 – 3 month trial). Reviews may be conducted by the Selection Panel and SASI reserve the right to add or withdraw athletes to/from a scholarship squad at any time.

3. ATHLETE OBLIGATIONS

All athletes who have been selected in the SASI Squad program must:

- Have the intention to compete and/or be involved in active training (including injury recovery and rehabilitation);

1In the absence of a SASI Head Coach the Program Manager/Coordinator will fulfil this role.
• Abide by the terms and conditions as outlined in the SASI Athlete Agreement and other SASI policies;

• Have met the sport specific selection criteria, or be selected as a developing potential elite athlete as determined by the appointed Selection Panel.

4. OTHER CONSIDERATIONS

Achieving the nominated selection criteria does not automatically qualify the athlete for SASI Squad selection. Other factors that may be taken into consideration when determining final selections are:

• Whether the athlete has been charged with and/or convicted of a criminal offence;

• Whether the athlete has previously breached their Athlete Agreement or other SASI policies, as outlined in the SASI Athlete Agreement and the SASI Athlete Behaviour and Discipline Policy;

• Whether the athlete has previously behaved in a manner that has brought or has the capacity to bring SASI into disrepute;

• Where it has been clearly demonstrated, based on previous behaviour or information, that the athlete has the capacity to bring SASI into disrepute;

• Whether the athlete has been de-registered, suspended or denied membership with either their State or National Sporting Organisation;

• Where the Selection Panel determines that, notwithstanding achievement of the selection criteria, the athlete does has not demonstrated the ability to progress to Australian representation at Junior and / or Senior level.

5. QUERIES ON SELECTION

• The SASI Program Manager or the SASI Head Coach¹, are the only officers authorised by SASI to respond to any questions concerning the athletes selected for SASI Squads, in accordance with this Selection policy and the sport specific selection policy.

• All questions concerning any aspect of selection must be in writing and addressed to the SASI Program Manager, or the SASI Head Coach¹, for consideration by the Selection Panel.
SASI Cycling Program

Selection Criteria 2013/2014
(1 June 2013 – 31 May 2014)

1. Objective

The objective of the South Australian Sports Institute (SASI) Cycling Program is to provide high performance coaching and support services to develop and support identified South Australian cyclists with the potential to progress to National Squad/ Senior Team level in targeted Olympic/Paralympic and Commonwealth Games disciplines.

2. Scholarship Tiers and Disciplines

The South Australian Sports Institute (SASI) Cycling Program offers a 3-tiered scholarship program and within that the athletes’ category will be reflected under the guidelines of Cycling Australia’s categories, listed below.

(i) SASI Scholarship
(ii) SASI Associate Scholarship
(iii) SASI Graduate Scholarship (National Team/Professional)

SASI Cycling Program Scholarships will be offered in the following disciplines for both Male and Female:
- Track Sprint
- Track Endurance
- Road/Road Time Trial

Exceptions
The disciplines of BMX, Mountain Bike and Paralympic are exceptions to the program and are supported through the SASI Individual Athlete Program with High Performance/Paralympic Scholarships which are open for application at the beginning of September and are offered for the period 1 January – 31 December.

3. Cycling Australia Scholarship Selection Guidelines Matrix

<table>
<thead>
<tr>
<th>Category</th>
<th>Discipline</th>
<th>Minimum Performance Criteria</th>
<th>Major Program Responsibility</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tier 1: World Class Athlete</td>
<td>All</td>
<td>Athlete with a top 8 individual performance or top 4 team performance in an Olympic event of Olympic discipline at a UCI World Championship event within the past 2 years. AND/OR Athlete with a current top 10 UCI World Ranking in an Olympic discipline. AND Athlete considered capable of maintaining this level of performance.</td>
<td>Pro Teams AND AIS/CA HP Programs</td>
</tr>
<tr>
<td>Tier 2: International Class Athlete</td>
<td>All</td>
<td>Athlete who competes in an Olympic event or Olympic discipline at a UCI World Championship event within the past 2 years. AND Athlete considered capable of maintaining their level of performance.</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Male Road</td>
<td>Athlete who competes in the UCI World</td>
<td></td>
</tr>
</tbody>
</table>
## Capability Assessment

The Capability Assessment examines the potential of the athlete to meet IC Status within 4-7 years utilising an athlete’s *performance in competition* (including timed events), *potential to progress* (including physical, physiological, medical, psychological, coachability and commitment criterion and external factors).

### Performance in Competition

<table>
<thead>
<tr>
<th>Discipline</th>
<th>Potential International (PI) Minimum Competition Requirements</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Track Disciplines</strong></td>
<td>U17: Top 3 result at a National Championship in an Olympic discipline.</td>
</tr>
<tr>
<td></td>
<td>U19/Senior: Top 5 result at a National Championships in an Olympic discipline.</td>
</tr>
<tr>
<td><strong>Road Disciplines</strong></td>
<td>U17: Top 3 result at a National Championship.</td>
</tr>
<tr>
<td></td>
<td>U19/U23/Senior: Top 10 result at a National Championship.</td>
</tr>
</tbody>
</table>

*When considering all race results depth and quality of starters along with the style of racing will be taken into account.*
SASI - Track Discipline

Consideration for selection in the SASI Track Cycling Squad a cyclist must have achieved the specified performance criteria within the previous 12 months in competition under Championship conditions. In conjunction with the specified performance criteria the following areas will be assessed for use in the selection process.

- Skill and tactical deployment relevant to the event
- Current level of development
- Potential for improvement
- Performance history
- Attitude/Applying to training and competition
- Previous Performance at National level

Specified Performance Criteria

<table>
<thead>
<tr>
<th>Event</th>
<th>U/19 M</th>
<th>U/19 W</th>
<th>U/17 M</th>
<th>U/17 W</th>
</tr>
</thead>
<tbody>
<tr>
<td>Standing Lap</td>
<td>18.40</td>
<td>19.80</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Sprint/Keirin</td>
<td>10.95 (1st) y</td>
<td>12.10 (1st) y</td>
<td>11.50</td>
<td>12.60</td>
</tr>
<tr>
<td></td>
<td>10.75 (2nd) y</td>
<td>12.00 (2nd) y</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Time Trial 1km/500m</td>
<td>1.05.50 (1st) y</td>
<td>36.80 (1st) y</td>
<td>34.50</td>
<td>37.00</td>
</tr>
<tr>
<td></td>
<td>1.04.05 (2nd) y</td>
<td>36.00 (2nd) y</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Individual Pursuit 2,3,4, km</td>
<td>3.26.00 (1st) y</td>
<td>2.32.00 (1st) y</td>
<td>2.26 (1st) y</td>
<td>2.40 (1st) y</td>
</tr>
<tr>
<td></td>
<td>3.23.00 (2nd) y</td>
<td>2.29.00 (2nd) y</td>
<td>2.23 (2nd) y</td>
<td>2.38 (2nd) y</td>
</tr>
</tbody>
</table>

All times are subject to environmental conditions (i.e. temperature, barometric pressure and relative humidity) as detailed in the 2013 Australian Cycling Team Selection Policy and Criteria - Section B, available at www.cycling.org.au

SASI - Road & Road Time Trial Discipline

Consideration for a SASI Road and Road Time Trial Cycling Scholarship the cyclist must have displayed the qualities and performances which show potential to progress to a standard required to become an elite performer, i.e. progress to CA/National Team and represent Australia at the Open level.

The following areas will be assessed for use in the selection process

- Skill and tactical deployment relevant to the event
- Current level of development
- Age and potential for improvement
- Performance history
- Attitude/application to training and competition
- Competitive in National and National Series Events
4. Other Considerations

Achieving the nominated selection criteria does not automatically qualify the athlete for SASI Squad selection. Other factors that will be taken into consideration when determining final selections;

- The age and performance potential of the athlete
- All race results and quality of starters/depth of field
- The style of racing will also taken into account
- Subject to medical clearance if requested
- Engaged in formal study or employment throughout scholarship period
- Full commitment to SASI/National program as primary training environment

A cyclist who hasn’t achieved the specified performance criteria but in the selectors’ opinions is a developing cyclist with significant potential and/or can be of benefit to the program can be offered a SASI Cycling Scholarship.

**SASI Associate Scholarship**

SASI Associate Scholarships will be offered to identified athletes who are current SASI/STAR athletes in the following categories who are transitioning on the pathway, these include;

- Track - U/17 athletes transitioning into U/19 age group
- Road – athletes transitioning from U/19 to national team, including U/23 and senior and professional teams

Support for SASI Associate Scholarship athletes will be at the discretion of the SASI Cycling Program Head Coach.

**SASI Graduate Scholarship**

SASI Graduate Scholarships will be offered to South Australian athletes who are;
- CA National team athletes (consolidated position)
- Professional athletes (UCI or National registered team members)

Professional athletes include; Pro Tour, Continental Pro, Continental and National teams.

These athletes are those who are not utilising SASI resources as their primary daily training environment but may require support through venue access to compliment training under the direction of Cycling Australia High Performance unit while training in South Australia.